



November | December
2010

\$4.95

Orange

APPEAL

FACES OF
PHILANTHROPY

WOMEN
TO
WATCH

Chefs Share
Sweet and
Savory Treats

ROAD TRIP:
Wining & Dining
Through Napa Valley

HOLIDAY GLAM!
Glitter & Jewels

orangeappeal.com

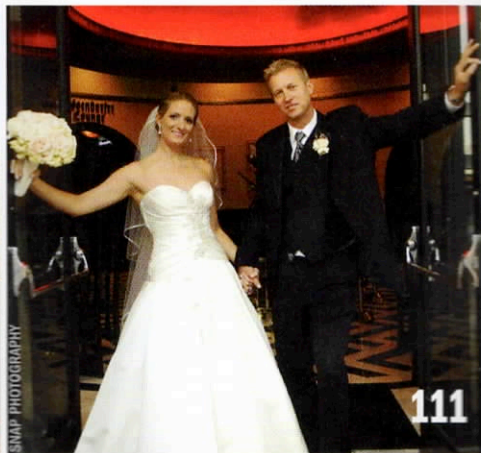


On the Cover: Harriett Lake, designed and photographed by Shelley Lake of Sky Lake Studios; article on page 100.



WHITNEY JOHNSON

54



SNAP PHOTOGRAPHY

111



24



18



32



1-888-9-DO
 florasbloodcenter

LOUISIANA'S
 BLOOD CENTER

10
The List

People, places and things: Glam it up this season and celebrate each occasion with rich, luxurious looks; Festival of Trees is back and brighter than ever; A mother-daughter duo realize a dream; Karen Dee is banking on Central Florida; Ladies who serve on a vital board; Successful entrepreneur Lindsay Phillips; Joanie Schirm's discoveries of a lifetime; Designers Hala Melcher and Lori Mirisolis; and Ellen Lang's special recognition.

38
Beauty, Body & Spirit

Refreshed for the Holidays: top docs share tips and recommendations for putting your best face forward this holiday season; Tammy Smith discovers a new wave of exercise; and Rebecca Moroose shares the spirit of UCF medical students.

46
Wit & Wisdom

Meredith McWaters explains why this time of year is a *cause du jour* for shopaholics; and Nancy Bosserman shares her home for an annual holiday tea tradition.

54
Tastes & Experiences

Whitney Johnson's winding road trip through Napa Valley complete with food, wine and a wedding; It's a family affair in true Thai style at Orchid on Park Avenue.

62
Agenda

Community and charity events: The Shakespeare Theatre's Opening Gala; Headdress Ball celebrates a 21st birthday; Unexpected Style brings Rachel Ashwell to Robb & Stucky; Art.Life.Music. benefits Hospice House; Fashion's Night Out at Neiman Marcus, Woman to Woman luncheon; Players Ball celebration and more.

112
Giving Back

Marilyn Hattaway tells the story of a special person, Dorothy Benson, a quiet philanthropist who also loves to volunteer.

Orange Appeal makes a great gift! Subscribe at **orangeappeal.com**